ISSN 0970-9274 JOURNAL OF HUMAN ECOLOGY International Interdisciplinary Journal of Man-Environment Relationship

© Kamla-Raj 2000 PRINT: ISSN 0970-9274 ONLINE: 2456-6608 J Hum Ecol, 11(5): 405-406 (2000) DOI: 10.31901/24566608.2000/11.05.24

Create a Space and Time for a Friend: A Minimal, But Magical, Intervention in Human Ecology

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KEYWORDS Intervention. Human Ecology. Space/Time. Community

ABSTRACT Small scale intervention in life situations of humans can make major differences in their well-being and happiness. Using the dimensions of space and time, a practical effort to offer respite care for a stressed individual, enabled that person to cope far better in what was an adverse situation. More such interventions might make human communities far more pleasant for many people. Human ecology as a framework for thinking about the human conditions offers a guideline to such interventions.