

## **Create a Space and Time for a Friend: A Minimal, But Magical, Intervention in Human Ecology**

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**ABSTRACT** Small scale intervention in life situations of humans can make major differences in their well-being and happiness. Using the dimensions of space and time, a practical effort to offer respite care for a stressed individual, enabled that person to cope far better in what was an adverse situation. More such interventions might make human communities far more pleasant for many people. Human ecology as a framework for thinking about the human conditions offers a guideline to such interventions.